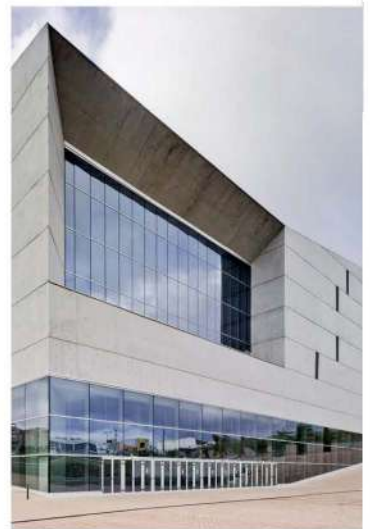


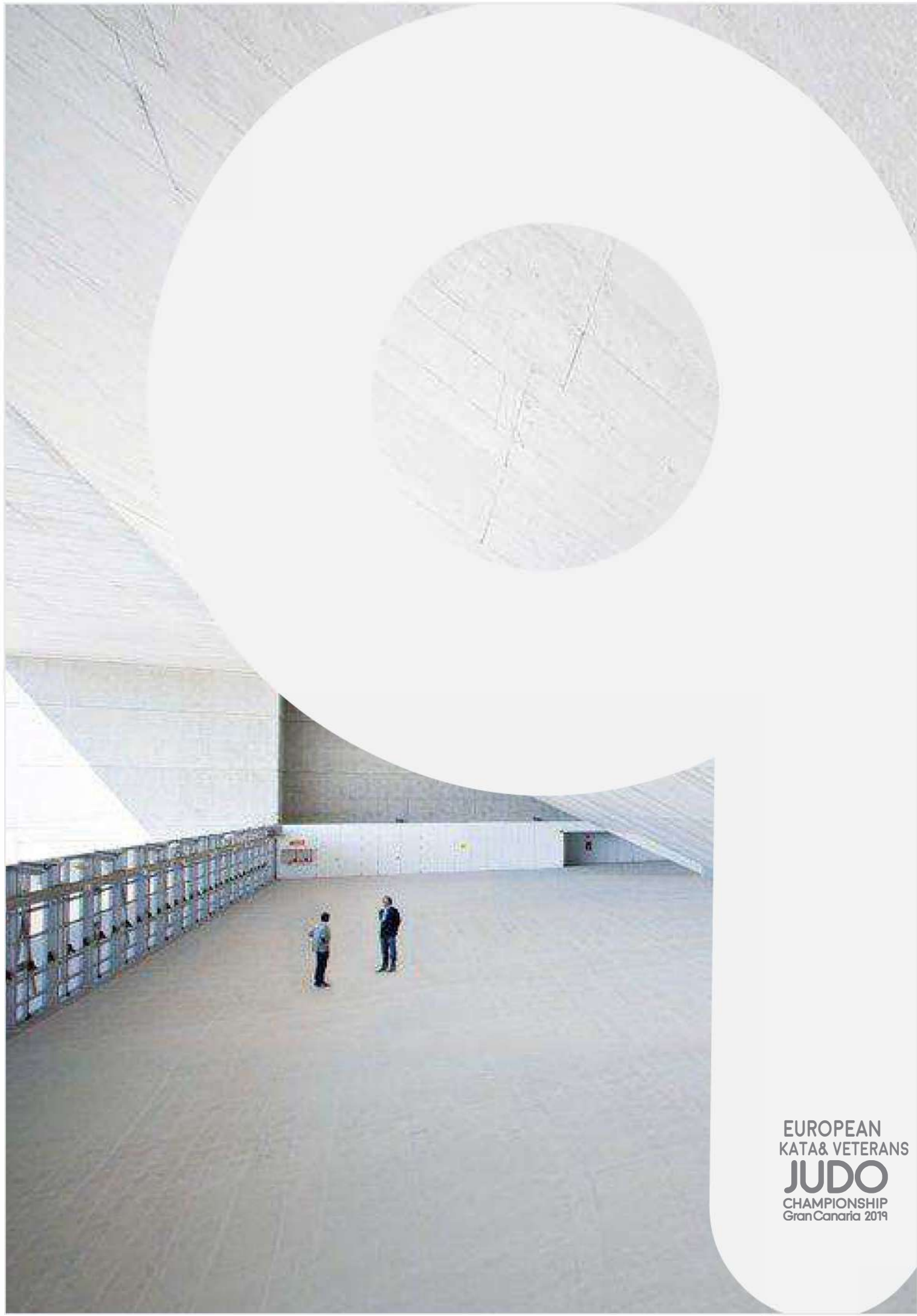
CANDIDACY FOR THE CELEBRATION OF THE

EUROPEAN KATA & VETERANS JUDO CHAMPIONSHIP Gran Canaria 2019



Gran Canaria
European Sport Island





EUROPEAN
KATA & VETERANS
JUDO
CHAMPIONSHIP
Gran Canaria 2019

EUROPEAN KATA & VETERANS JUDO CHAMPIONSHIP Gran Canaria 2019

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EUROPEAN
KATA & VETERANS
JUDO
CHAMPIONSHIP
Gran Canaria 2019

PROPOSAL DATES:

2019



Gran Canaria
European Sport Island





REAL FEDERACIÓN ESPAÑOLA DE JUDO Y DEPORTES ASOCIADOS
JIU JITSU - AIKIDO - KENDO - WU SHU - DEFENSA PERSONAL



FOREWARD

On behalf of the Royal Spanish Judo Federation we are proud to present our bid to host the Kata European Judo Championships, European Judo Veterans Championship and Spanish Judo Festival to be held in Las Palmas, Canary Islands, Spain in 2019.

We had the honor to host the Kata World Championships and World Judo Veteran Championships in Málaga in 2014 which captivated our nation. Now we would become a multiple event in Las Palmas, city and capital of Gran Canaria Island, with a long variety of landscapes, long beaches of dune sand contrasting with green ravines, parks and picturesque villages. The venue for the Championships will be the Gran Canaria Arena Sports Hall, a world class arena that will achieve the best possible performance.

On the one hand the practice of Kata is one of the most important aids in the development of technique serving as a reminder of the origins and traditions of judo. On the other hand the popularity of judo events for veterans grows and the number of competitors in this age group increase. Furthermore the Judo Festival is a magnificent opportunity to spend time with the family so each member can choose an activity set by skilled trainers to remain altogether in one big close-friendly Judo Family. The variety of events gives us the opportunity to build a lasting legacy for Judo in Spain.

We are decided to provide a unique 2019 Judo Events working alongside with the Autonomous Federation of Canary Islands and the Public Authorities from Las Palmas. The city will provide a stunning backdrop for the event with a strong heritage and cultural program for all to enjoy. The Organizing Committee will implement robust strategies to ensure that capacity crowds provide an electric atmosphere on every day of every event and activity. Our staff, officials and volunteers will provide a seamless process from airport arrival to commencement of competition and judo activities. No detail will be overlooked. The three events will be the Judo Events that will provide an unforgettable experience for every judoka, delegate and spectator from every corner of Europe.

We look forward to welcoming you and all European judoka to the 2019 European Events in Canary Island, Spain.

Juan Carlos Barcos Nagore

President

Royal Spanish Judo Federation and Associated Sports



REAL FEDERACIÓN ESPAÑOLA DE JUDO Y DEPORTES ASOCIADOS
JIU JITSU - AIKIDO - KENDO - JIU JITSU - WU SHU - DEFENSA PERSONAL
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INTRODUCTION – GENERAL ASPECTS

Gran Canaria puts itself forward as candidate to host the European Kata & Veterans Judo Championship Gran Canaria 2019. With this in mind we set out a series of premises below.

The mission of the European Kata & Veterans Judo Championship Gran Canaria 2019 project is to create a popular sports festival as well as a great economic impact around this Judo event, a sport with standout athletes in Gran Canaria both in male and female categories.

The long-term objectives for the Kata & European Veterans Judo Championship Gran Canaria 2019, **the vision**, are to provide a legacy that consolidates this sport in the Island, thus increasing quantitatively and qualitatively its popularity.

All this will be carried out following the institution's organizational and **strategic values** and among which we can highlight the following:

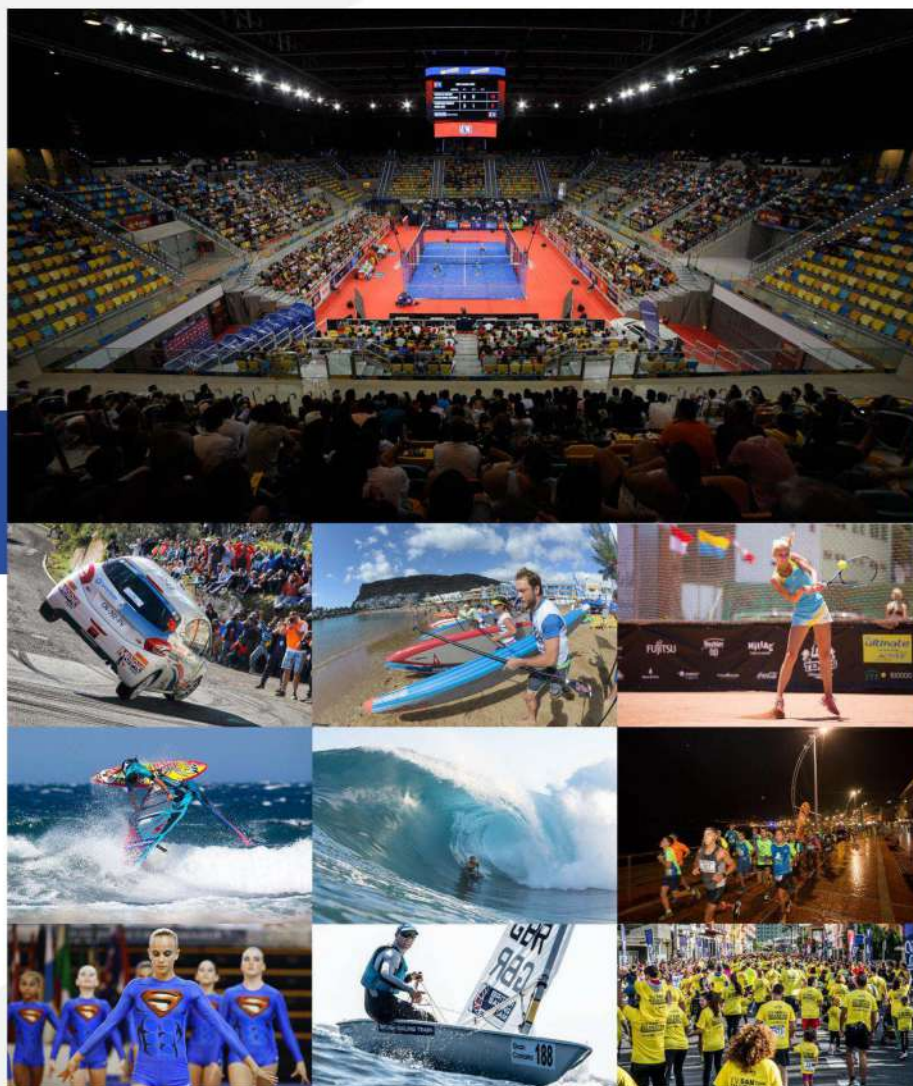
SPORTS PLAN: Judo is practiced by different age groups as well as levels as an activity that not only creates sports experiences, but is also a comprehensive training regime, this being an added value for the development of this sport in all its phases, including as a maximum reference the ability to host a European Championship. Judo, in a wholly appropriate environment, stands out for its value as a spectacular sporting event. However it also encourages respect, ethics and self-knowledge among its athletes and fans.



ECONOMIC PLAN: Gran Canaria's economic model is based on a high influx of tourists as well as on a strong service sector. For this reason, its main strength as a venue for the European Kata & Veterans Judo Championship Gran Canaria 2019 is centered on its background as a cosmopolitan and busy city-island, marked by tourism and commerce, well connected to Europe and even with America and Africa. The European Kata & Veterans Judo Championship Gran Canaria 2019 will further strengthen the island's as well as city's economic, employment and innovation programs.

MARKETING PLAN: The **Kata & European Veterans Judo Championship Gran Canaria 2019** will be marketed through promotional projects consolidated on the island such as "Gran Canaria European Island of Sport". This program includes over 20 Large International and National events and has a detailed plan to promote its marquee events through various media outlets, trade fairs, congresses or sports gatherings around the world. As a result, the European **Kata & Veterans Judo Championship Gran Canaria 2019**, which will welcome Europe's leading Judo professional's, will be publicised internationally, optimizing the results achieved in the previous communication strategy.

This event will also be promoted with a local and regional information campaign put together by the city's public institutions as well as the Canarian Judo Federation.



SOCIAL PLAN: The objective is to integrate sporting values into the broader Canarian society via the different social agents involved: clubs, federations, institutions ... All this with the aim to boost Judo in schools, reach all the municipalities on the Island, as well as to underprivileged areas and, finally, to encourage women to take up the sport. An ambitious program of activities which needs to be worked on continuously and, in this way, establish the foundations of a successful European Kata & Veterans Judo Championship Gran Canaria 2019.

GRAN CANARIA AS A TOURIST DESTINATION

GRAN CANARIA IS A SCALED-DOWN CONTINENT. A MINIATURE WORLD THAT CONTAINS LANDSCAPES SO DIVERSE THEY SEEM DRAWN FROM DIFFERENT COUNTRIES.

An island of beaches, mountains and great ravines which hide its bizarre natural wonders. A dot in the ocean with a unique and particular way of bringing together a sea of cultures. A mishmash of sceneries, colors and flavors, of ancestral traditions, and bustling cities. Gran Canaria's landscapes bring meaning to its epithet of **"miniature continent"**. Sports enthusiasts have a world of alternatives that combine exercise with the enjoyment of its lush interior landscapes, along with its spectacular coast. The mild climate that prevails throughout the year means that there is a great variety of outdoor sports, making it one of the best tourist options in Gran Canaria.



ACTIVE TOURISM ENTHUSIASTS WILL LOVE THEIR MULTI-ADVENTURE HOLIDAY ANY MONTH OF THE YEAR, BECAUSE GRAN CANARIA GETS YOU GOING.

An island that lets you change sport at the drop of a hat, where, in less than an hour by car, you can swap the sea for soaring mountains, where you can hear a pin drop. You can go from the coast full of beaches to a wide network of hiking trails, and spend an entire day walking among pine forests. Or go cycling, winding down roads that cross villages so small that if you blink, you'll miss them. **Gran Canaria is that island with great weather.** Its made for the athletes. Surrounded by beaches, it's a refuge for surfers, windsurfers, divers, kitesurfers and sailors. Gran Canaria is an amazing open air gym with fantastic weather. That is why thousands of professional teams from all over Europe flock here during the winter, as well as all those who just want to do sports surrounded by the island's diverse landscapes. In Gran Canaria there is sport all year round. Last year, the Archipelago hit 13 million visitors. Of these, just over 1.15 million, or 9.6%, were considered sports tourists.

GRAN CANARIA A SPORTING EXPERIENCE

Gran Canaria has become world famous for international sport events. The Council of Sports of the Cabildo of Gran Canaria, has created a program, **"Gran Canaria European Sports Island"**, to promote the island through sporting events. The purpose is to establish Gran Canaria as a benchmark for sports tourism, making it a quality destination, not only with a excellent international events but also projecting canarian athletes who excel in competitions worldwide. On top of this, it has a solid hotel infrastructure, tourist services, high caliber sports facilities both for training and competitions, sports services, etc.

With all this, **Gran Canaria European Sport Island**, has managed to, in little more than a year, attract large international events. Highly popular events which have played host to a variety of elite athletes from a wide variety of sports. Among them, the Cajasiete Gran Canaria Marathon stands out with over 7,000 runners, the Transgrancanaria HG (ultratrail event) with 3,400 runners from 64 different countries, as well as others such as the European Triathlon Cup Gran Canaria, the European Launch Cup Gran Canaria, the World Padel Tour Gran Canaria, the Endesa Gran Canaria Supercopa Basketball and the Copa del Rey Basketball 2018; all in all, a total of twenty-two large international events with worldwide media impacts.

For example, the Gran Canaria Wind & Waves Festival World Championship (PWA), which reached over 504,000 people via videos generated during the event, reporting a media impact of € 2,855,255.

EVENT 2017	MONTH
CAJASIETE GRAN CANARIA MARATHON	JANUARY
TRANSGRANCANARIA HG	FEBRUARY
EUROPEAN LAUNCH CUP GRAN CANARIA	MARCH
EUROPEAN TRIATHLON CUP GRAN CANARIA	MARCH
RALLY ISLAS CANARIAS	MAY
GRAN CANARIA WIND & WAVES FESTIVAL	JULY
WORLD PADEL TOUR GRAN CANARIA	JULY
ENDESA GRAN CANARIA SUPERCOPA BASKETBAL (ACB)	SEPTEMBER



SPORTING ACHIEVEMENTS

Judo was first introduced in the Canary Islands in the late 50's and only a few years later, in the 60's, the first Spanish team emerged, kicking off the Canary Islands domination of judo nationwide.

The collective triumphs followed, where the gym "Las Palmas" became the 7 time champion of the Cup of the Generalissimo and the Canary Islands team won the Spanish Championship 8 times in a row.

Along with the collective achievements, we must add the individual ones, emphasizing Santiago Ojeda as Spain's first Judo athlete to win an international title, becoming the **European Heavy Weight Champion in 1973**. He also went on to come runner-up and win a bronze medal in different European Championships. He was also champion of the Mediterranean Games. It should also be added that both Antonio Coruña and Miguel Angel Tejera came 2nd and 3rd, respectively, in the Mediterranean games.

From here on, there were countless medals, both national and international. However we must also draw attention to three olympic **athletes from the Canary Islands: Santiago Ojeda, Juan Carlos Rodríguez and Aythami Ruano**, who also won the European Senior Heavyweight Championship. Neither must we forget Ángeles Medina, Spanish Senior Champion multiple times and third in European Seniors, as well as Miguel Angel Tejera, Alfonso Cabral and a long list of other competitors.



The list of Spanish champions is very long, and it goes without saying that the number of silver and bronze medals is almost endless.

The junior categories, however, still rack up medals. The youth teams and to a large extent the veterans provide the most medals, with **3 Olympic gold medals, 1 silver, 2 bronzes and 6 Olympic Games diplomas**.

Judo is still very popular in the Canary Islands, **with 70 clubs**, of which 35 are on the island of Gran Canaria, along with 4,000 regional licenses.

The masters category is being bolstered in all sports, especially in judo. By definition, anyone over the age of thirty falls in this category, although it is not uncommon to see athletes compete in a much higher age range. It should be noted that Judo can be taken up at any age, and even the UNESCO ranks it first for this age group. Due to the profile of the veteran sports enthusiasts, this is a particularly attractive offer for our island, a destination already recognized worldwide, which can positively affect both directly and indirectly its promotion. This category's typical profile is a person settled down in society, with a high average purchasing power, stable job and family responsibilities.

LAS PALMAS DE GRAN CANARIA

The city of Las Palmas de Gran Canaria, is the capital of the island of Gran Canaria and is a candidate to host the **European Kata & Veterans Judo Championship Gran Canaria 2019**. It is the city built in the middle of the sea, and the largest city in the Canary Islands. Located at the entrance of the Atlantic, and just where the sun decides to hang around almost all year.

Las Palmas de Gran Canaria is located in the northeast corner of Gran Canaria, 18 kilometers, 20 minutes away by car, from the Gran Canaria International Airport. **With over sixteen million passengers a year**, the airport - which houses over than fifty companies - is open every day of the year.



Las Palmas de Gran Canaria is the land of eternal spring. This is due the Archipelago's location next to the Tropic of Cancer as well as the influence of the trade winds that make Las Palmas de Gran Canaria's average **temperatures range between 17° Celsius in winter and 25° in summer**.

The trade winds - coming from northern Europe - bring fresh, moist air. Clouds from the mainland filter out the sun's rays and the Gulf's sea water regulates the thermal oscillations, making them very smooth. The result, according to the department of climatology at the University of Syracuse (USA), **the best climate in the world**.

These weather conditions have made the city a natural, open air sports centre. Furthermore, the increase in sports enthusiasts has encouraged public institutions to promote sports among its population, constructing large facilities in the city for the practice of any sports.

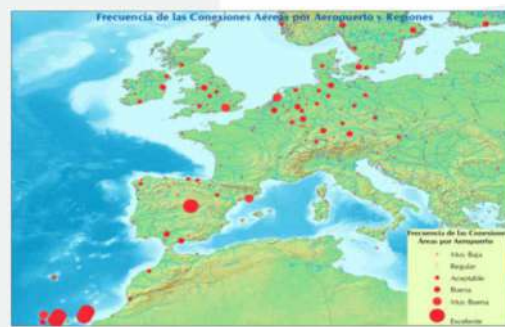
TRAVELLING TO GRAN CANARIA



Gran Canaria has a **wide and modern communications network**, which will allow participants from around the world to get to the island easily.

Gran Canaria is the third island along from the eastern fringe of the Canary Islands, located 150 kilometers from the African coast and 1,350 from the Iberian Peninsula and Europe. In terms of travelling times, **it's two and a half hours from Madrid, four of the main European cities and six from America.**

In terms of air connectivity, Gran Canaria's airport, located 20 minutes by car or bus from the capital, stands out as a key strategic platform. It is ranked 6th place in Spain in terms of passenger air traffic and in 2007, the airport broke the ten million passengers barrier. However, the latest figures estimate that it currently has a constant **flow of passengers of around 16 million per year**, an increase of 7.6% compared to 2016.



The Gran Canaria Airport has two terminals, one for domestic and international flights and another terminal for inter-island flights. This airport is operational 365 days a year. It houses over 55 airlines covering a total of 309 routes to 142 destinations around the world.

In the following two images you can see the frequency of connections from the airport of Gran Canaria with Europe, and with the rest of the World (Source: Elaborated using data from AENA). This data highlights its excellent connectivity with Spain and Europe.

TRAVELLING TO GRAN CANARIA

There is a wide public transport network connecting the Gran Canaria Airport with Las Palmas de Gran Canaria and other tourist attractions on the island. Line 60 covers the Las Palmas de Gran Canaria - Gran Canaria Airport route and is operational 24 hours a day from Monday to Sunday.

There are also many taxi transfer companies that run services to and from the airport. You can also rent a car in the different car rental companies found in Airport and in other parts of the city.

The organization also provides a shuttle service from the airport to the different accommodation sites around the city as well as to the competition venues and training centers.

	GC ARENA	CID	GO FIT	CDGC	GC AIRPORT
GC ARENA	X	6Km 13min	4,3Km 13min	10,1Km 16min	23,4Km 21min
CID	6Km 13min	X	4,3Km 10min	7,8m 10min	21,5Km 15min
GO FIT	4,3Km 13min	4,3Km 10min	X	12,1Km 18min	26Km 21min
CDGC	10,1Km 16min	7,8m 10min	12,1Km 18min	X	17,4Km 15min
GC AIRPORT	23,4Km 21min	21,5Km 15min	26Km 21min	17,4Km 15min	X

*Vehicle displacement.

The best option for getting around the island on public transport is the bus. The bus company (called "guagua") is "Global" and has the following figures:

Every day GLOBAL offers its users:

- 110 lines (7 Direct, 6 semi-direct and 4 night owl services).
- 2,395 Daily Trips, 140 GLOBAL buses leave every hour.
- 2,686 stops, spread throughout the entire concession.

In addition, there are several transportation alternatives such as municipal buses that currently have a fleet of 243 vehicles that provide service in a total of 43 lines that are operated directly by the company.

The Port of La Luz and Las Palmas

is the second entrance to the city. It is connected to 380 ports worldwide via 30 maritime routes and constantly receives national and international cruise passengers.

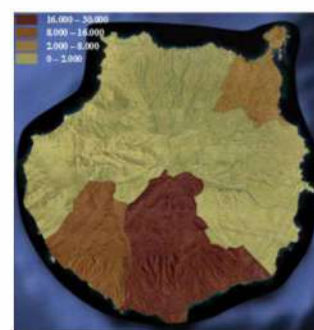
By sea, visitors can travel by boat from the Iberian Peninsula. Several companies cover that route by ferry. In addition, vehicles and goods can be transported.



ACCOMMODATION IN LAS PALMAS DE GRAN CANARIA

Gran Canaria as host island of the **Kata & European Judo Championship Gran Canaria 2019** offers a wide range of accommodation. It has a total of 66,199 hotel beds that make up only about 35% of the accommodation in Gran Canaria as it would have to take into account the short stay rental accommodation in San Bartolomé de Tirajana (70% of the total supply) and Mogán (30% of the total supply) in the south of the island, followed by the capital, Las Palmas de Gran Canaria (5% of the total).

Furthermore, Gran Canaria offers an equal amount of 1, 2 and 3 star hotels **(57% of the total)** and **4 and 5 star hotels (42% of the total)**. There is also a large pool of short stay rental accommodation in the a city that can be encouraged for local, national, as well as international fans and tourists. For those visitors who prefer to stay outside the capital and wish to combine their sports stay with beach tourism, landscape and leisure, the organization will promote the wide variety of options, both in the south and north of the island.





Distribution of hotel beds by municipality.

Some of the hotels proposed for their occupation during the Kata & European Veterans Judo Championship Gran Canaria 2019 are as follows:

XXXXX

HOTEL SANTA CATALINA

POOL	440 accommodation places	 
FREE WIFI	hotel@hotelsantacatalina.com	
FREE PARKING	www.hotelsantacatalina.com	
FAMILY ROOMS	0034 928 243 040	
SPA AND WELLNESS	Airport - Hotel: 22 min (23,3 km)	
GYM	Hotel - GC Arena: 17 min (5,7 km)	

Located in the residential area of Ciudad Jardín, in the center city and in the Doramas Park, it has views of the sea and the subtropical garden.

XXXXX



HOTEL SERCOTEL CRISTINA LAS PALMAS

OPEN AIR POOL	310 accommodation places	 
FREE WIFI	recepcion@hotelcristinalaspalmas.com	
PARKING	www.hotelcristinalaspalmas.com	
FAMILY ROOMS	0034 928 26 80 50	
LOCATED NEXT TO THE BEACH	Airport - Hotel: 27 min (27,3 km)	
GYM	Hotel - GC Arena: 19 min (6,4 km)	

Located in the center of Las Palmas de Gran Canaria, at the first line of Las Canteras Beach and a few meters from the commercial area of the city and the Port.

XXXXX

HOTEL NH IMPERIAL PLAYA

FREE WIFI	293 accommodation places	 
PARKING	nhimperial@nh-hotels.com	
ROOM SERVICE	www.nh-hotels.com	
LOCATED NEXT TO THE BEACH	0034 928 468 854	
	Airport - Hotel: 28 min (27,8 km)	
	Hotel - GC Arena: 22 min (6,9 km)	

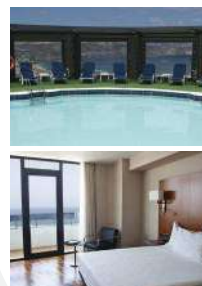
Historic hotel in Las Palmas de Gran Canaria with an excellent location.

ACCOMMODATION IN LAS PALMAS DE GRAN CANARIA

XXXX

AC HOTEL GRAN CANARIA

OPEN AIR POOL	432 accommodation places
FREE WIFI	acgrancanaria@ac-hotels.com
PARKING	www.ac-hotels.com
FREE AIRPORT SHUTTLE	0034 928 26 61 00
GYM	Airport - Hotel: 21 min (25,3 km)
	Hotel - GC Arena: 18 min (7 km)

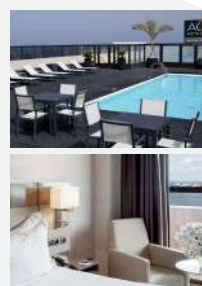


The emblematic hotel is a landmark in the city and can be seen from anywhere, with a beautiful view of the area.

XXXX

AC HOTEL IBERIA LAS PALMAS

OUTDOOR POOL	650 accommodation places
FREE WIFI	aciberia@ac-hotels.com
PARKING	www.ac-hotels.com
FREE AIRPORT SHUTTLE	0034 928 36 11 33
BREAKFAST INCLUDED	Airport - Hotel: 20 min (23,9 km)
GYM	Hotel - GC Arena: 13 min (10,9 km)



Located on the seafront of Las Palmas, next to the commercial and cultural center.

XXX

HOTEL PARQUE

FREE WIFI	204 accommodation places
PARKING	aciberia@ac-hotels.com
GYM	www.ac-hotels.com
	0034 928 36 11 33
	Airport - Hotel: 17 min (21,5 km)
	Hotel - GC Arena: 14 min (5,5 km)



Located in the heart of Las Palmas de Gran Canaria, next the San Telmo Park and the sea, a few steps from the commercial Triana street and the historic district of Vegueta, and close to the most important cultural, commercial and leisure areas of the city.

XXX

HOTEL NH PLAYA DE LAS CANTERAS

FREE WIFI	150 accommodation places
PARKING	nhplayadelascanteras@nh-hotels.com
LOCATED NEXT TO THE BEACH	www.nh-hotels.com
	0034 928 463 153
	Airport - Hotel: 27 min (27,7 km)
	Hotel - GC Arena: 21 min (7,0 km)



Located in the city of Las Palmas de Gran Canaria, just 30 meters from the urban beach of Las Canteras, as well as near the Auditorium Alfredo Kraus, relevant building of the island.

Gran Canaria has over 1,700 sports facilities and just under 4,000 sports areas. Over 300 sporting events take place on the island throughout the year. These figures show how important sport is for the local economy.

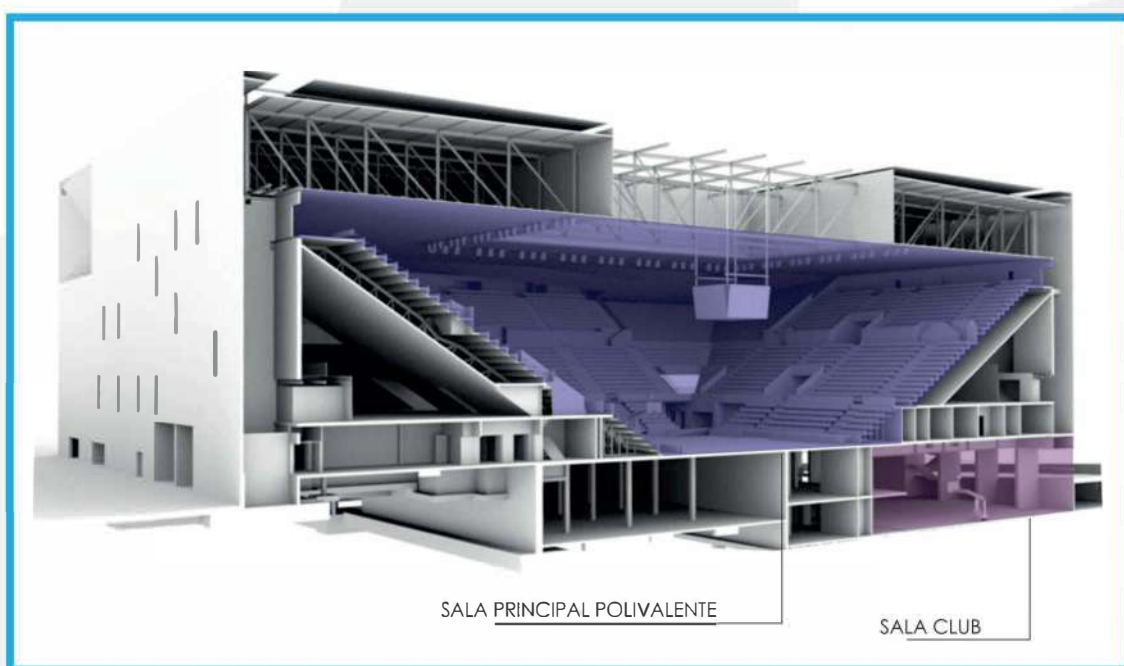
The facilities that will be used in the Kata & European Veterans Judo Championship Gran Canaria 2019 are:

GRAN CANARIA ARENA: COMPETITION VENUE AND TRAINING. ATTACHMENT.

The Gran Canaria Arena, which can hold up to 10,000 spectators, will be the competition venue. This arena has all the comforts of a high caliber, international facility (press rooms, changing rooms, cafeteria, parking, gym, activity rooms, playroom, etc.) and covers 11,485 square meters.

The Gran Canaria Arena houses the local basketball team "Herbalife Gran Canaria" and also has a training ground that will be specially modified to serve as a training area for all judokas taking part in the competition. The 'Gran Canaria Arena', **property of the Cabildo Insular**, is a multipurpose space which covers the island's needs, a venue that hosts sports, cultural or musical events, with a structure that 'closes off' the seating capacity in each event avoiding the sensation of empty spaces. This Multipurpose Palace covers 11,485 square meters with approximately 4,000 tons of structural steel used in its construction along with 28,000 cubic meters of concrete; there are 33 toilets and 270 parking spaces. It also has another 2,051 square meters of parking available for buses. There are 725 square meters of media space; a skylight covering 1,185 square meters that allows activities to be carried out in daylight, as well as 986 square meters of 'curtain walls' which hide, in smaller events, the empty seats.

Together with the new parquet flooring, lauded by the **FIBA** so much so that it is mandatory for all the **Basketball World Cup** venues, the most striking element of the 'Gran Canaria Arena' is undoubtedly its **video scoreboard**. The video scoreboard, made by the same brand that has supplied similar facilities in top sports venues around Europe and America, weighs 7 tons. It has 152 square meters of 9.91 mm led screens, which produce a top quality image. The top of the video scoreboard is made up of four screens, 21 square meters each, joined together by other vertical screens that make up its corners, each measuring 3.32m². The 'Gran Canaria Arena' will be the 'home' of this European Judo Championship as it has all the facilities needed to host a wide range of national and international competitions.



SPORTS INFRASTRUCTURES

CENTRO INSULAR DE DEPORTES (TRAINING ON TATAMI)

The Insular Center of Sports of Gran Canaria (CID) is one of the Island's most emblematic sports facilities. In addition to the central court which can hold up to 4,000 spectators, the CID has a 25m indoor pool and six lanes, as well as several sports areas, to practise all kinds sports (bodybuilding, martial arts, indoor cycling, etc.).

In addition to these, the capital's facility has different auxiliary rooms that add value, for example, an auditorium (for up to 60 people), press room, meeting room, office and administration area, reception and parking spaces for 250 vehicles). A room will be specially prepared with a tatami for competitors' specific training needs.



Opening Times:

Monday to Friday from 6.20 to 22.45.

(6.20 Weights. / 7.00 Guided activities and water sports.)

Saturdays from 8.00 to 17.45. Sundays from 8.00 to 13.45. Bank holidays from 9.00 to 12.45.

CIUDAD DEPORTIVA GRAN CANARIA (TRAINING WITH TATAMI)

The Gran Canaria Sports City (CDGC) **is the most important multi-sports facility in Gran Canaria.** It has an athletics track (400 meters and 6 streets), covered sports hall (300 spectators), indoor swimming pool (50 meters and 8 streets), fitness rooms (3), martial arts room, triathlon room (which includes rollers and training bikes), fronton court and minifront (3), squash courts (2), etc. A large, grass pitch is a must in the CDGC, and is used by all the athletics disciplines (shot putt, high jumps, etc.), as well as being used on many occasions for sports like rugby. The stands can hold around 800 spectators, and there is also a building for timing and controlling different athletic events. Furthermore, the facility has auxiliary spaces, such as training rooms, multipurpose rooms, children's playroom, an office and administration area, adapted changing rooms, cafeteria and parking (for up to 250 vehicles). **Here the organization will set up a room with tatami for the competitors specific training needs.**



Opening Times:

Monday to Friday from 7.00 to 23.00.

Saturdays from 8.00 to 20.00.

Sundays and bank holidays from 9.00 to 13.00.

GO FIT LAS PALMAS: TRAINING

Go Fit Las Palmas is a sports and health center that has unbeatable facilities: gym, swimming pool, spa, sauna ... Located in front of Las Canteras Beach, it offers all those taking part in the competition the chance to train for free in its facilities during your stay in Gran Canaria.

SPECIFICATIONS:

- Total area of facilities: 14,000 m².
- Number of rooms: 4 rooms for guided adult activities, 2 for children's activities and multi sports court.
- Swimming pools: 2 indoor (swimming pool, beginners pool).
- Hydrothermal circuit: spa, sauna, steam bath and showers of "essences".
- Other services: nutritional advice services and parking (covered) and multi-sport track.

ACTIVITIES AVAILABLE:

- Group classes: over 250 guided activities per week (for all age groups).
- Outdoor activities: runners club, swimmers club, hiking club and special outdoor events. GO fit KIDS, DIVER fit, adult and children swimming school, swimming club, camps and birthday celebrations



NIGHTLIFE AND CULTURAL EVENTS

Las Palmas de Gran Canaria is a cosmopolitan city, with plenty of history. The island has a cultural heritage that reflects its location between continents and has a **world of cultural amenities**, such as the well-known Casa de Colón, the Atlantic Center for Modern Art (CAAM), the Music, Opera, Film or Digital Festivals, most of them already with an international audience and high quality productions. Both Gran Canaria and its capital offer a monumental, historical and architectural heritage well known and valued, a product of a history marked by its populations migration around the world.

While Gran Canaria stands out for its sun and sand tourism, the island and its capital city have a wide range of modern and popular leisure and cultural events.



During the day, the neighborhood of Vegueta concentrates the city's historical roots, the city's tradition and culture. At night however, it comes alive, bustling and trendy, especially famous for its cuisine. So, from the Market to the Cathedral of Santa Ana you come across a plethora of bars, taverns and restaurants that combine the traditional recipes with new cuisine. **Their charming decoration fits in well with the historical architecture of the area.**

Things get livelier in Triana. The surroundings of the Monopol-Cairasco, Pasaje de San Pedro, Peregrina or Perdomo streets - is a hive of people that are split themselves between the live music venues or eclectic clubs. From Cuban sounds and salsa, to jazz, and hits from the 80's or the most recent pop music, you can find it all, as well as great restaurants and outdoor terraces.

But the heart of Las Palmas de Gran Canaria's nightlife is the Port area - around Santa Catalina Park, Mesa y López and Las Canteras. This area has been, for decades, **the core of the city's nightlife and favoured most by the locals**, due to its very numerous and diverse type of establishments

"ENJOY JUDO" PARALLEL ACTIVITIES

ATTACHMENT

In addition to organizing the Championship, parallel tourist and leisure initiatives will take place. The "Enjoy judo" parallel activities, will include different sporting, recreational and training activities, both for competitors and their families.

SPORTS MEDICINE CONGRESS There will be a sports medicine congress, focusing on important aspects such as:

- Sports Nutrition
- Preventive Physical Therapy
- Medical check ups to assess the athlete's physical condition.

To this end, we will work with the Perpetuo Socorro Hospital, a highly esteemed medical centre in the Canary Islands, which has the best high performance sports medicine unit. This hospital provides medical services to both the UD Las Palmas (premier league football) and Herbalife Gran Canaria (top flight basket ball league), both local clubs competing in the major national leagues.

In addition to other distinguished doctors in the sports sector such as the doctor Roberto Sánchez Rosales or specialists from major sports companies such as Go Fit.

INTERNATIONAL MARTIAL ARTS FAIR. An international martial arts fair will be organized alongside the Veterans Championship, and will be held in the Gran Canaria Arena. This fair will include all the Olympic martial arts, as well as industry brands.



CANARIAN WRESTLING EXHIBITION. Of all the local sports, this is the most widespread and popular in the Canary Islands. A vernacular sport created by the Canary island aborigines. La Lucha (The Wrestle) consists of 2 opponents who face each other in the so-called "terceros", sand circles where the fighters try to knock down their opponent, using drops and throws that combine strength and technique. The winner is one who gets the opponent to fall on the sand with any part of their body. Despite being a wrestling art, respect for the rival is at the heart of the sport. Nobility, respect for the defeated challenger, communal spirit and dignity, are the unspoken rules of Canarian Wrestling. Each time a wrestler falls on the sand, the victor offers out his hand and pays his respect as he leaves the arena.

KATA EXHIBITION. The Canarian Judo Federation will call on different clubs to perform a kata exhibition on Las Canteras beach at sunset

"ENJOY JUDO" PARALLEL ACTIVITIES

SIGHTSEEING ROUTES. As a way of getting to know parts of the island, 4 sightseeing routes will be organized:

VISIT TO THE ROQUE NUBLO: This is a historically important natural monument. Located in the central municipality of Tejeda, the Roque Nublo is considered to be one of the largest natural rocks in the world. This volcanic rock towers eighty meters above its base and 1,813 meters above sea level. An old place of worship for the aborigines, its surroundings were declared a natural reserve in 1987 and was established as a rural park seven years later. Its enormous presence is only surpassed in height by the Las Nieves peak, standing at 1949 meters, the highest point of Gran Canaria.

The Roque Nublo route starts on the main road, from where you walk 1.5 kilometers until you reach this unique monument and his little brother, La Rana (The Frog) rock. However before you reach this point, you pass alongside another outstanding natural wonder, the rock of El Fraile (The Friar). You can also see the villages of Artenara and Acusa along this path. The views of the Tejeda Crater, Llanos de la Pez and Pozo de las Nieves are definitely worth the effort.



VISIT TO THE OLD TOWN OF VEGUETA. Located in the south of the capital of Gran Canaria, the origins of Las Palmas are found in Vegueta in the late fifteenth century. In its plazas you can find historical buildings such as the House of Columbus, Santa Ana Cathedral, the Canarian Museum, the "Gabinete Literario", the Town Hall and the Atlantic Center of Modern Art. The shopping area in of the old part of the city starts next to the Market, built in 1856, and goes all the way to Triana street, the city's most famous shopping high street.

A neighborhood to enjoy culture and nightlife. Next to the bed of the Guiniguada ravine, and opposite the Teatro Pérez Galdós -which is named after an illustrious son of Vegueta-, a wide range of urban walks open up along its cobblestone streets and picturesque corners. Visitors can enjoy historical strolls down streets in the Late Gothic and Renaissance style. After the walk, you can relax in one of the terraces dotted around these historic buildings.

"ENJOY JUDO" PARALLEL ACTIVITIES

VISIT TO TEROR. Teror is one of the oldest towns in Gran Canaria. It dates back to the fifteenth century and is considered a "Villa Mariana" as it is home to the Patron Saint of Gran Canaria, the Virgin del Pino. The town's history is tied to the apparition of the Virgin del Pino, where pilgrims from around Gran Canaria have flocked to since the sixteenth century, after creating the parish and its congregation of the Church of the Sanctuary of Las Palmas in 1514. Tradition has it that the image appeared to the faithful on a large pine tree in the area. A temple was built next to it and the village grew around it. The land-owning bourgeoisie then began to build their stately houses and palaces around it too. The municipality, which became a popular place of pilgrimage towards the end of 16th century and during the 17th century, developed, after the conquest by Spain, an economy based mainly on agriculture and livestock. Among the town's most important features is its historic town center which, to this day, maintains the island's architectural style, where you can find houses with their characteristic wooden balconies as well as their roofs and streets. The importance Teror is reflected in its large number of places of cultural interest.



VISIT TO THE GUAYADEQUE RAVINE. The ravine of Guayadeque is located on the island of Gran Canaria (Canary Islands, Spain). It separates the municipalities of Ingenio and Agüimes and is one of the largest ravines on the Islands. Its prehispanic archaeological remains and its valuable endemic flora and fauna make it a must see. It is also well known for its large number of cave houses, which include a chapel and several restaurants dug into the rock, offering great cuisine.

WATER SPORTS: Surf and bodyboard. One to one, group or family beginner courses are available along the Las Canteras beach.

PADDLE YOGA AND PILATES. Find the balance between body and mind as well as harmony with the sea, become stronger and more flexible. Whether you have practised Yoga, Pilates or Paddle Surf before, come and experience first hand the magnificent benefits of PADDEL YOGA.

ACTIVE REST. Many people do not realized how important active rest is. It is essential when it comes to improving our health, our physical and mental state. In the Go fit gym, we will have different hydrotherapy treatments available.

KAYAK TOURS. A great way to enjoy the sea is to go by kayak, even more so if you want to really take in the Gran Canaria coastline.



Gran Canaria is the ideal location to celebrate this

EUROPEAN KATA & VETERANS JUDO

**CHAMPIONSHIP
Gran Canaria 2019**

It is an island that receives many visitors all year round and many of them for sport practice/events.

In addition, the Judo Federation that support/guarantee us have a wide tour.

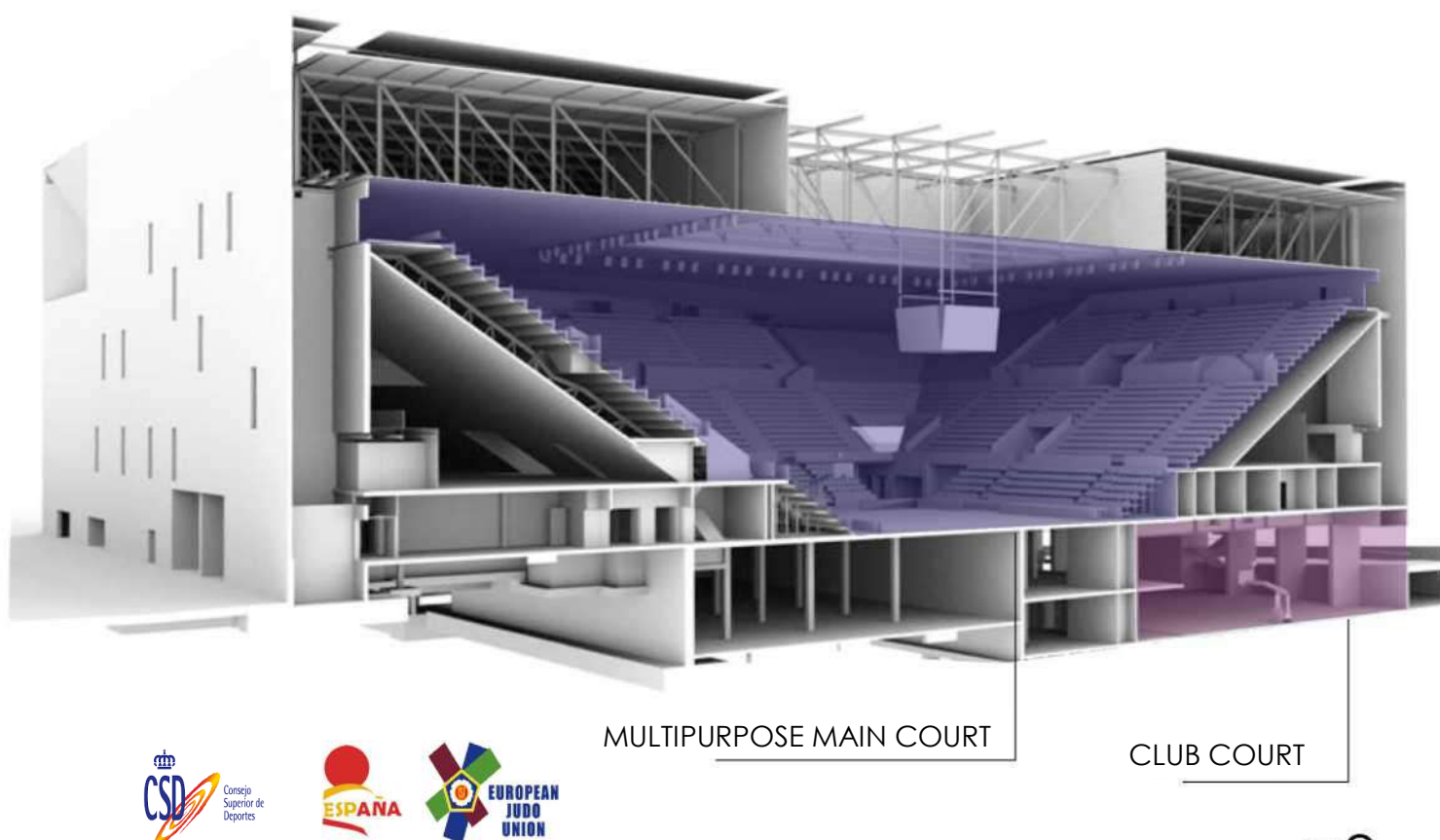
Gran Canaria has the support of the public institutions for the development of the Championship.

All the factors come together so Gran Canaria can become the next destination for the Championship.

ATTACHMENTS >>>>>>

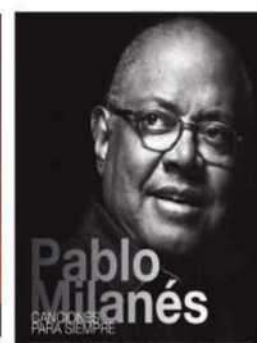
DESCRIPTION OF MULTIPURPOSE COURTS

COURT 1: MULTIPURPOSE MAIN COURT	
MEASUREMENTS:	85 X 110m (max height=19,85m)
MAIN COURT MEASUREMENTS:	32,81m X 57,42m
USES:	SPORT COMPETITIONS, SPECTACLES AND CONCERTS, CONFERENCES AND MEETINGS
VARIABLE CAPACITY:	Up to 9969 spectators
COURT 2: CLUB COURT	
HALL MEASUREMENTS:	24,42x71,95m (H=7m)
MAIN USES:	TRAINING COURT, SPECTACLES AND CONCERTS, CONFERENCES AND MEETINGS
CAPACITY:	Up to 4.000 spectators



CONCERTS & SPECTACLES

The unique properties of the Gran Canaria Arena ease the setting up and celebration of cultural and social events of any kind. This emblematic and avant-garde building has room for concerts, expositions, spectacles and meetings. Despite its recent construction, it has become an icon within the islands architecture.

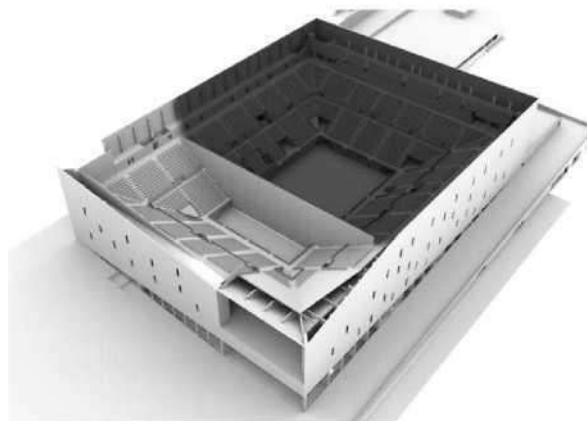
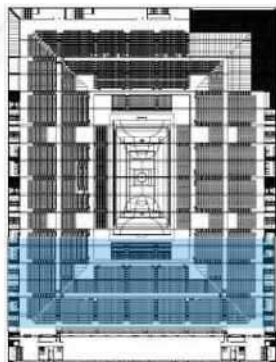


2014-2017 EVENTS

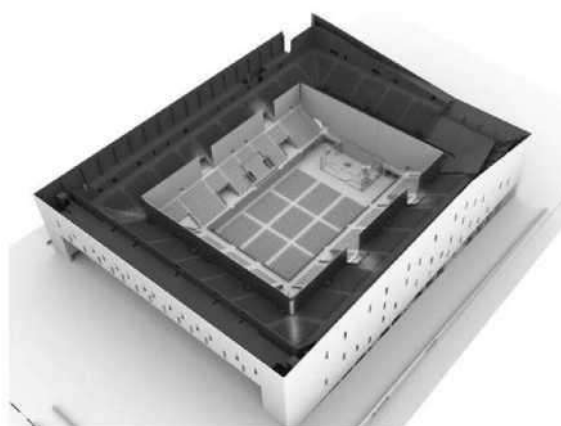
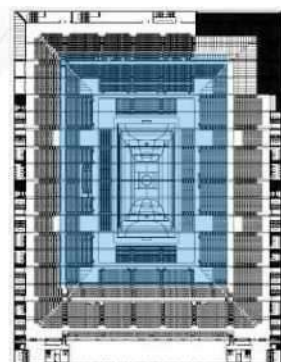


CAPACITY ALLOCATION

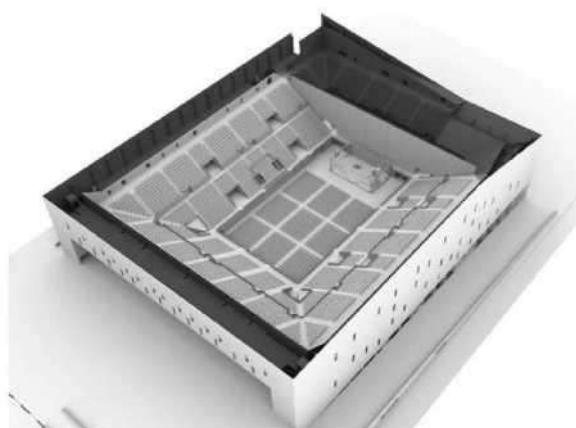
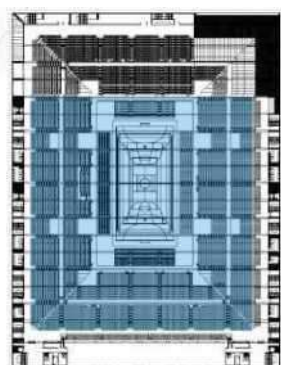
AMPHITHEATER CONCERTS 3.700 Seats



INTERMEDIATE CAPACITY CONCERTS 4.600 Seats



MAXIMUM CAPACITY CONCERTS 8.500 Seats





SILVIO RODRIGUEZ. 2016

AFORO INTERMEDIO (3.700 LOCALIDADES)



DISNEY ON ICE. 2016

AFORO INTERMEDIO (4.600 LOCALIDADES)



ELTON JONH .JULIO 2017

CONCIERTO DE AFORO MÁXIMO (8.500 LOCALIDADES)

TECHNICAL RESOURCES

MEASUREMENTS AND CAPACITY

Main court dimensions	33,50 wide x 57,70 large
Free height from the court ground	19,85 m
Court measurements with Telescopic	767 m2
Court measurements without Telescopic	1.992 m2
Maximum capacity	9.969
Ring 1 Telescopic seating capacity	1.066
Ring 2	3.725
Ring 3	5.078
PMR seats	100
Arena's parking capacity	180 + 10 PMR
South plaza's parking	170 + 10 PMR
Outbuilding parking	600
warehouses / Multipurpose rooms	Up 500m2 room -1
Producción office	2
Artists dressing rooms	4
Team / artists changing rooms	4
Referees changing rooms	4
Multimedia press rooms	2
VIP rooms	2 (one equipped with a bar)
Court loading access	Side access for trucks and containers
Court loading access	Service elevator from the warehouse
Ambulance and artist parking	1

TECHNICAL RESOURCES

Building electric power	Double line of electric installation
Ground electric power	independent for sound and M.U..
M.U. distribution panel .	400 A.
Multipurpose main hall distribution panel	1.000 A.
Club court distribution panel	400 A.
UPS building	80 Kw
UPS events	80 Kw
Standby generator	1.200 kVA
Main court lumen level	4.000 lumens
Skylight	1.200 m2
Blackout System	Controlled by remote
A/C power	3.420 Kw
Main hall's charging capacity:	300 kn
Main node charging capacity	2Tn
Alternate node charging capacity	4Tn
Fireproof curtains ring sectorization	2.456 m2

AUDIOVISUAL RESOURCES

Sound System 360°	42 D.A.S. model AERO 12
6-line arrays distribution	4 long speakers and 3 short speakers
Indoors loudspeaker or	Independent system
Sound control:	Digital table, wireless microphones, audio player, signal distribution
Main cubic electronic scoreboard	145 m2 Nichia LED 10mm Darktronics
Intensity	2.000 nits adjustable
Scoreboard measurements (each side)	7368 mm ancho y 7573 mm alto
Upper ring LED	4 x 6m x 0.7
Main LED screen	4 x 6m x 3.6 m
Vertical LED display	4 x 1m x 3.6 m
Octagonal LED ring	8 x 2.5 m x 1m
Lower LED screen	2 x 6m x 1m
Mobile Units	Parking with distribution panel
M.U. connections	Optical fiber, category 3 multipair, video, three-phase voltage, audio
Internet	Voice and data, WIFI
Security	IP cameras, UCO control room

RESTRICTED AREA FLOOR -1

SPORTS AREA

4 CHANGING ROOMS
2 REFEREE CHANGING ROOMS
LOCAL TEAM CHANGING ROOMS
ANTI-DOPING CONTROL ZONE
FIRST-AID KIT, INFIRMARY
MULTIPURPOSE ROOMS
STAFF CHANGING ROOM
WAITING ROOM
SECURITY CONTROL AND RESTROOMS

VIP ZONE

VIP LOUNGE
CAFETERIA
SECURITY CONTROL AND RESTROOMS

PRESS ZONE

PRESS ROOM
PRESS CONFERENCE ZONE
SECURITY CONTROL AND RESTROOMS

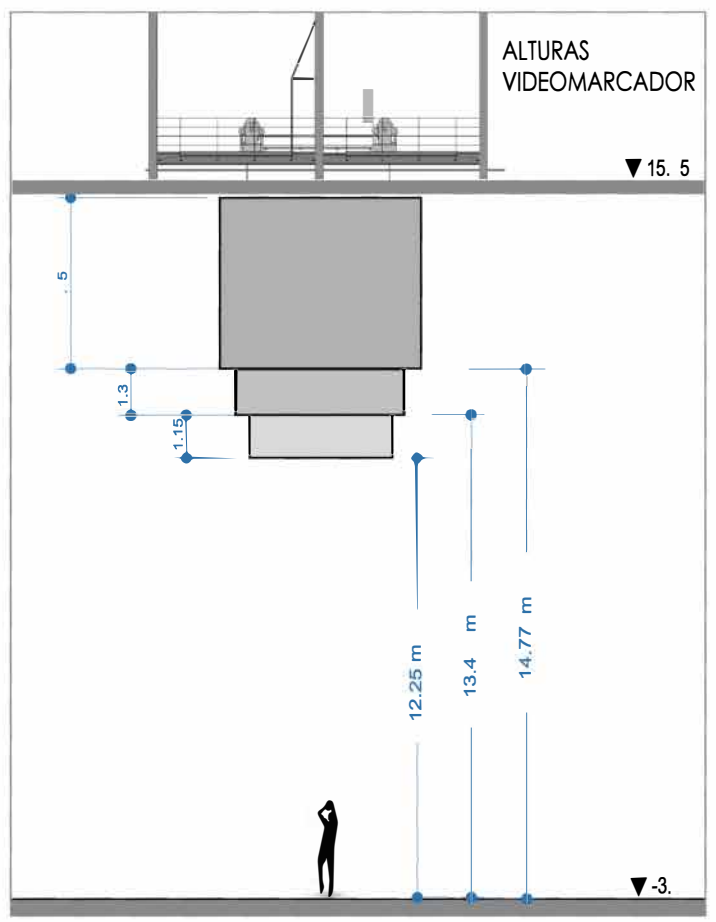
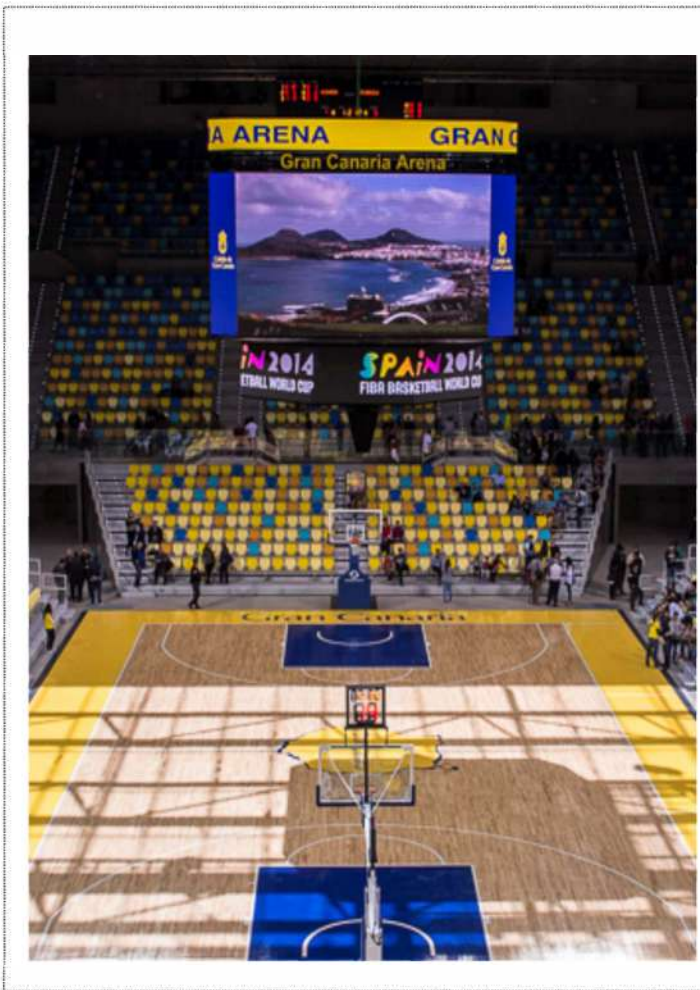
CONCERT ZONE

DRESSING ROOM
AMBULANCE/ARTISTS PARKING SECURITY
CONTROL AND RESTROOMS

WAREHOUSE ZONE

LOADING AND UNLOADING BAY
STAGING AREA AND WAREHOUSE





PUBLIC AREA. GROUND FLOOR

WALKING AREA

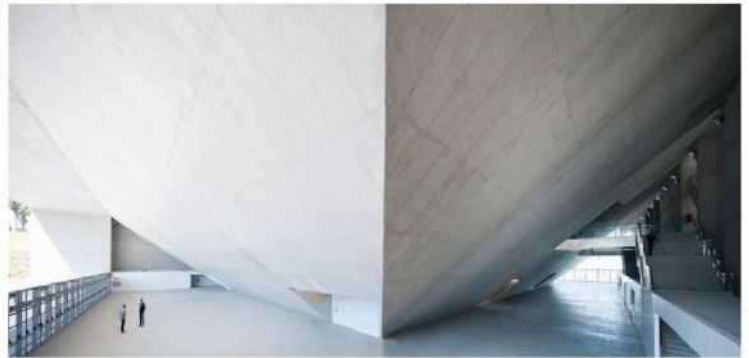
CONTROL ACCESS
SNACK BAR
PUBLIC RESTROOMS
STAIRS TO UPPER RING
ELEVATORS
EVACUATION RAMP TO NORTH PLAZA

MAIN MULTIPURPOSE HALL

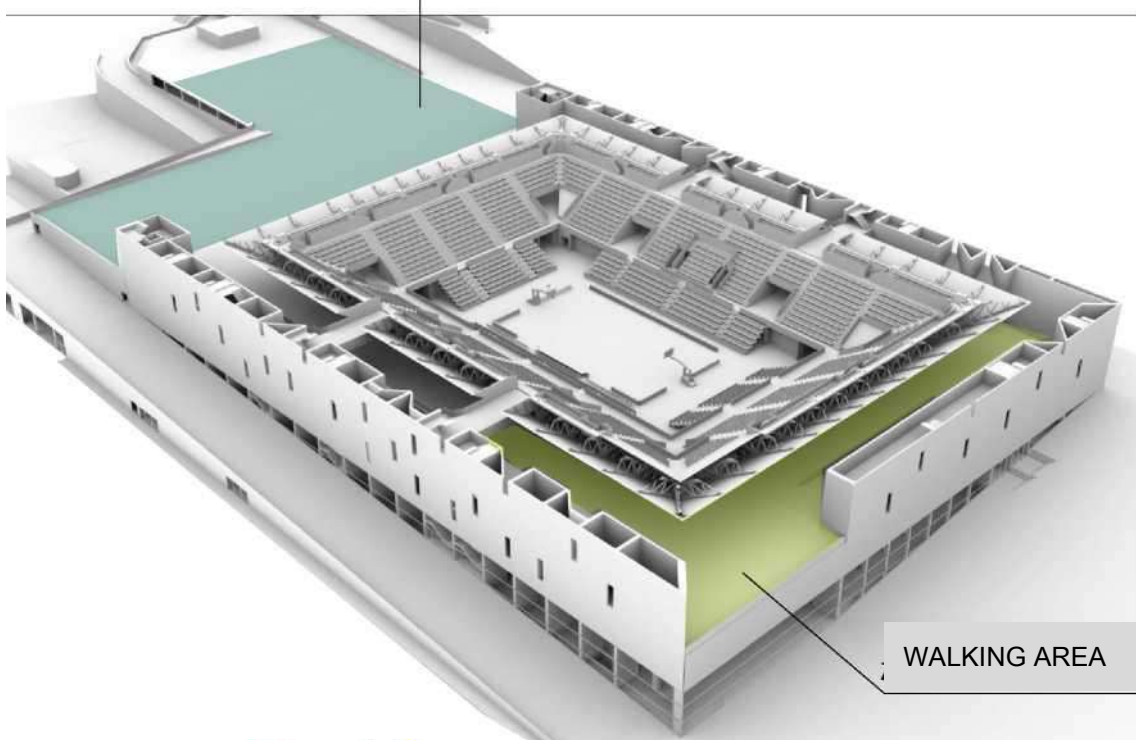
ACCESS ROOM 9.969 Seats

SOUTH PLAZA

PUBLIC AND PRM ACCESS
TICKET OFFICE
PARKING ACCESS



SOUTH PLAZA



SALA CLUB PLANTA -2



HALL ENTRADA SALA CLUB



FERIA ZONA BACK STAGE 2016



SALA CLUB CONFERENCIA



FERIA ZONA BACK STAGE 2016



FERIA ZONA BACK STAGE 2016



FERIA ZONA BACK STAGE 2016



MUNDIAL DE BALONCESTO 2014



PARKING FLOOR -2: INSTALLATION AND ACCESS

ACCESS ZONE

TICKET OFFICE
CONTROL ACCESS LOBBY
MULTIPURPOSE ROOM
RESTROOMS

PARKING ACCESS

CONTROL POINT
ATHLETES BUSES
TV MOBILE UNITS
PRODUCTION VEHICLES
ACCESS TO CHANGING ROOMS FLOOR-1

